

Snack K-12

August 2023

MON

TUE

WED

THU

FRI

	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21 Pretzels w/ 100% Orange Juice	22 Graham Crackers w/ 100% Fruit Juice	23 Blueberry Muffin w/ String Cheese	24 Raspberry Yogurt w/ Graham Crackers	25 Tostitos w/ 100% Apple Juice
28 Cheez-its w/ 100% Fruit Juice	29 Corn Muffin w/ Roasted Sunflower Seeds	30 Graham Crackers w/ 100% Apple Juice	31 Apple Cinnamon Muffin w/ String Cheese	

DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup



This institution is an equal opportunity provider.

Snack K-12

September 2023

MON	TUE	WED	THU	FRI
				1 Whole-Grain Pretzels w/ 100% Orange Juice
4	5 Tostitos Scoops w/ 100% Fruit Juice	6 Whole-Grain Graham Crackers w/ Strawberry Yogurt	7 Whole-Grain Pretzels w/ Cheese Stick	8 Corn Muffin w/ 100% Orange Juice
11 Roasted Sunflower Seeds w/ 100% Fruit Juice	12 Whole-Grain Cheez-its w/ Baby Carrots & Ranch Dressing	13 Whole-Grain Pretzels w/ 100% Orange Juice	14 Mozzarella String Cheese w/ Fresh Large Apple	15 Whole-Grain Graham Crackers w/ 100% Orange Juice
18 Whole-Grain Pretzels w/ 100% Orange Juice	19 Whole-Grain Graham Crackers w/ 100% Fruit Juice	20 Blueberry Muffin w/ Mozzarella String Cheese	21 Whole-Grain Graham Crackers w/ Strawberry Yogurt	22 Tostitos Scoops w/ 100% Apple Juice
25 Whole-Grain Cheez-its w/ 100% Fruit Juice	26 Corn Muffin w/ Roasted Sunflower Seeds	27 Whole-Grain Graham Crackers w/ 100% Apple Juice	28 Apple Cinnamon Muffin w/ Mozzarella String Cheese	29 Whole-Grain Pretzels w/ 100% Orange Juice

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