

Breakfast K-12

APRIL 2024

MON	TUE	WED	THU	FRI
1 Banana Muffin Raisins & Applesauce	2 Strawberry Yogurt w/ Graham Crackers or Apple Frudel Apple Slices & Diced Pineapple	3 Multi-Grain Frosted Flakes w/Graham Crackers or Cinnamon Butter Honey Biscuit Diced Peaches & 100% Grape Juice	4 Cinnamon Toast Crunch w/Graham Crackers or Pancakes w/ Syrup Apple Slices & 100% Orange Juice	5 Cinnamon Crisp Bar Raisins & 100% Grape Juice
8 Cherry Cocoa Bar Fresh Pear & 100% Very Berry Juice	9 Strawberry Yogurt w/ Graham Crackers or Cinnamon Bun Apple Slices & Diced Pineapple	10 Honey Cheerios w/ Graham Crackers or Cinnamon Butter Honey Biscuit Diced Peaches & 100% Grape Juice	11 Plain Bagel w/ Cream Cheese (V) or Mini Sausage & Cheese Flatbread Apple Slices & 100% Orange Juice	12 Apple Jacks w/ Graham Crackers Raisins & 100% Grape Juice
15 Multi-Grain Cheerios w/ Graham Crackers Raisins & Applesauce	16 Strawberry Yogurt w/ Graham Crackers or Pancakes w/ Syrup Apple Slices & Diced Pineapple	17 Cinnamon Raisin Bagel w/ Butter or French Toast w/ Syrup Diced Peaches & 100% Grape Juice	18 Honey Cheerios w/ Graham Crackers or Cinnamon Bun Apple Slices & 100% Orange Juice	19 Cherry Cocoa Bar Fresh Pear & 100% Very Berry Juice
22 Cinnamon Crisp Bar Raisins & 100% Grape Juice	23 Strawberry Yogurt w/ Graham Crackers (V) or Breakfast Pizza Apple Slices & Diced Pineapple	24 Multi-Grain Cinnamon Flakes w/Graham Crackers or Apple Frudel Diced Peaches & 100% Grape Juice	25 Plain Bagel w/ Cream Cheese or Waffles w/ Syrup Apple Slices & 100% Orange Juice	26 Blueberry Muffin Fresh Orange & 100% Very Berry Juice
29 Banana Muffin Raisins & Applesauce	30 Strawberry Yogurt w/ Graham Crackers or Apple Frudel Apple Slices & Diced Pineapple			

DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

Breakfast Milk Choices

1% Milk and Skim Milk

Please Note

Locally Grown Component Served Daily

Menu is subject to change. Vegetarian Meal Options are indicated with a "V"

