

# Snack K-12

September 2024

MON	TUE	WED	THU	FRI
2	3 Baked Cheetos w/ 100% Fruit Juice	4 Whole-Grain Graham Crackers w/ Strawberry Yogurt	5 Whole-Grain Pretzels w/ Mozzarella String Cheese	6 Corn Muffin w/ 100% Orange Tangerine Juice
9 Roasted Sunflower Seeds w/ 100% Fruit Punch Juice	10 Whole-Grain Cheez-its w/ Baby Carrots & Ranch Dressing	11 Whole Grain Sunchips w/ 100% Orange Tangerine Juice	12 Mozzarella String Cheese w/ Fresh Large Apple	13 Whole-Grain Graham Crackers w/ 100% Orange Tangerine Juice
16 Whole-Grain Pretzels w/ 100% Orange Tangerine Juice	17 Whole-Grain Graham Crackers w/ 100% Fruit Juice	18 Blueberry Muffin w/ Mozzarella String Cheese	19 Whole-Grain Cheez-its w/ 100% Fruit Punch Juice	20 Tostitos Scoops w/ 100% Apple Juice
23 Whole-Grain Cheez-its w/ 100% Fruit Punch Juice	24 Doritos Cool Ranch w/100% Orange Juice	25 Whole-Grain Graham Crackers w/ 100% Apple Juice	26 Apple Cinnamon Muffin w/ Mozzarella String Cheese	27 Whole-Grain Pretzels w/ 100% Orange Tangerine Juice
30 Banana Muffin w/ 100% Orange Tangerine Juice				

## DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

