

Lunch K-8

FEBRUARY 2025

MON	TUE	WED	THU	FRI
<p>3 Chicken Nuggets w/ Ketchup & Baked Beans or Falafel Bites w/ Quinoa Pilaf Black Beans & Tomato (V) Fresh Apple</p>	<p>4 NEW! General Tso's Chicken w/ Brown Rice or Home-Style Macaroni & Cheese (V) Broccoli Fresh Pear</p>	<p>5 Beef Cheeseburger w/ Ketchup or French Toast w/ Scrambled Eggs (V) Roasted Sweet Potatoes Fresh Apple</p>	<p>6 Adobo Chicken w/ Cilantro Brown Rice or NEW! Bean & Cheese Burrito (V) Street Corn Fresh Banana</p>	<p>7 Chicken Salad Flatbread or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing Fresh Apple</p>
<p>10 Meatloaf w/ Gravy & Mashed Potatoes or Cheese Quesadilla w/ Sour Cream & Street Corn (V) Fresh Apple</p>	<p>11 Turkey Hot Dog w/ Ketchup & Baked Beans or Spanish Rice w/ Cheese & Beans (V) Fresh Pear</p>	<p>12 NEW! Chicken Enchilada Empanada Baby Carrots w/ Ranch Dressing or Cheese Ravioli w/ Tomato Sauce & Green Beans (V) Fresh Apple</p>	<p>13 Turkey Chili w/ Brown Rice & Carrots or Stuffed Bread Sticks w/ Marinara Sauce & 100% Vegetable Juice (V) Fresh Banana</p>	<p>14 Southwest Chicken Salad w/ Muffin & Ranch Dressing or NEW! White Cheese Pizza Foldover (V) Garden Salad & Ranch Dressing Fresh Apple</p>
<p>17</p>	<p>18 Chicken Tenders w/ Ketchup & Roasted Potatoes or Protein Pasta Alfredo w/ Whole Wheat Bread Slice & Peas (V) Fresh Pear</p>	<p>19 Beef Cheeseburger w/ Ketchup & Baked Beans or Spanish Rice w/ Beans & Cheese (V) Fresh Apple</p>	<p>20 Chicken Caesar Salad w/ Pita Bread and Ranch Dressing or Cheese Lasagna in Tomato Sauce w/ Green Beans (V) Fresh Banana</p>	<p>21 Chicken Breast Sandwich or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing Fresh Apple</p>
<p>24 Salisbury Steak w/ Gravy or Egg & Cheese Sandwich w/ Ketchup (V) Roasted Potatoes Fresh Apple</p>	<p>25 Turkey Hot Dog w/ Ketchup or Veggie Burger w/ Ketchup (V) Baked Beans Fresh Pear</p>	<p>26 Beef Meatballs in Tomato Sauce w/ Club Roll & Broccoli or NEW! Caribbean Rice Bowl (V) Garden Salad w/ Italian Dressing Fresh Apple</p>	<p>27 Cheesy Crispy Chicken Biscuit Sandwich Roasted Sweet Potatoes or Cobb Salad w/ Pita Bread & Ranch Dressing (V) Fresh Banana</p>	<p>28 Turkey & Cheese Sandwich w/ Mayo or French Bread Pizza (V) Baby Carrots w/ Ranch Sandwich Fresh Apple</p>

DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

Lunch Milk Choices

1% Milk and Skim Milk

Please Note

Locally grown component planned daily.

Menu is subject to change.

Vegetarian Meal Options are indicated with a "V"

