

Breakfast K-12

MARCH 2025

MON	TUE	WED	THU	FRI
3 Banana Muffin Raisins & Applesauce	4 Strawberry Yogurt w/ Graham Crackers or Apple Frudel Fresh Apple & Diced Pineapple	5 Multi-Grain Frosted Flakes w/ Graham Crackers or NEW! Sunrise Breakfast Calzone Diced Peaches & 100% Grape Juice	6 Cinnamon Toast Crunch w/ Graham Crackers or Pancakes w/ Syrup Fresh Apple & 100% Orange Juice	7 CinnamonCrisp Bar Raisins & 100% Grape Juice
10 Cherry Cocoa Bar Fresh Pear & 100% Very Berry Juice	11 Strawberry Yogurt w/ Graham Crackers (V) or NEW! Turkey Sausage Pancake Griddle Sandwich Fresh Apple & Diced Pineapple	12 Honey Cheerios w/ Graham Crackers or NEW! Dutch Waffles w/ Syrup Diced Peaches & 100% Grape Juice	13 Plain Bagel w/ Cream Cheese (V) or Cinnamon Bun Fresh Apple & 100% Orange Juice	14 Trix Cereal w/ Graham Crackers Diced Peaches & 100% Grape Juice
17 Multi-Grain Cheerios w/ Graham Crackers Raisins & Applesauce	18 Strawberry Yogurt w/ Graham Crackers or Cheesy Biscuit Melt Fresh Apple & Diced Pineapple	19 Cinnamon Raisin Bagel w/ Butter or Apple Frudel Diced Peaches & 100% Grape Juice	20 Honey Cheerios w/ Graham Crackers or French Toast w/ Syrup Fresh Apple & 100% Orange Juice	21 Cherry Cocoa Bar Fresh Pear & 100% Very Berry Juice
24 CinnamonCrisp Bar Raisins & 100% Grape Juice	25 Strawberry Yogurt w/ Graham Crackers (V) or Turkey Sausage Breakfast Pizza Fresh Apple & Diced Pineapple	26 Trix Cereal w/ Graham Crackers or Cinnamon Bun Diced Peaches & 100% Grape Juice	27 Plain Bagel w/ Cream Cheese or Waffles w/ Syrup Fresh Apple & 100% Orange Juice	28 Blueberry Muffin Fresh Orange & 100% Very Berry Juice
31 Banana Muffin Raisins & Applesauce				

DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low-fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

Breakfast Milk Choices

1% Milk and Skim Milk

Please Note

Locally Grown Component Planned Daily.

Menus subject to change.

Vegetarian Meal Options are indicated with a "V".

