

# Lunch K-8

MARCH 2025

MON	TUE	WED	THU	FRI
<p>3</p> <p>Chicken Nuggets w/ Ketchup &amp; Baked Beans <b>or</b> Falafel Bites w/ Quinoa Pilaf, Black Beans &amp; Tomato (V)</p> <p>Fresh Apple</p>	<p>4</p> <p><b>NEW!</b> General Tso's Chicken w/ Brown Rice <b>or</b> Home-Style Macaroni &amp; Cheese (V) Broccoli Fresh Pear</p>	<p>5</p> <p>Beef Cheeseburger w/ Ketchup <b>or</b> French Toast w/ Scrambled Eggs (V) Roasted Sweet Potatoes</p> <p>Fresh Apple</p>	<p>6</p> <p>Adobo Chicken w/ Cilantro Brown Rice <b>or</b> <b>NEW!</b> Bean &amp; Cheese Burrito (V) Street Corn Fresh Banana</p>	<p>7</p> <p>Chicken Salad Flatbread <b>or</b> Cheese Pizza (V) Baby Carrots w/ Ranch Dressing</p> <p>Fresh Apple</p>
<p>10</p> <p>Meatloaf w/ Gravy &amp; Mashed Potatoes <b>or</b> Cheese Quesadilla w/ Sour Cream &amp; Street Corn (V)</p> <p>Fresh Apple</p>	<p>11</p> <p>Turkey Hot Dog w/ Ketchup &amp; Baked Beans <b>or</b> Spanish Rice w/ Cheese &amp; Beans (V) Fresh Pear</p>	<p>12</p> <p><b>NEW!</b> Chicken Enchilada Empanada Baby Carrots w/ Ranch Dressing <b>or</b> Cheese Ravioli w/ Tomato Sauce &amp; Green Beans (V)</p> <p>Fresh Apple</p>	<p>13</p> <p>Turkey Chili w/ Brown Rice &amp; Carrots <b>or</b> Stuffed Bread Sticks w/ Marinara Sauce &amp; 100% Vegetable Juice (V) Fresh Banana</p>	<p>14</p> <p>Southwest Chicken Salad w/ Muffin &amp; Ranch Dressing <b>or</b> <b>NEW!</b> White Cheese Pizza Foldover (V) Garden Salad &amp; Ranch Dressing</p> <p>Fresh Apple</p>
<p>17</p> <p>Beef Meatballs w/ BBQ Sauce &amp; Club Roll <b>or</b> Pasta w/ Tomato Sauce &amp; Cheese (V) Broccoli Fresh Apple</p>	<p>18</p> <p>Chicken Tenders w/ Ketchup &amp; Roasted Potatoes <b>or</b> Protein Pasta Alfredo w/ Whole Wheat Bread Slice &amp; Peas (V) Fresh Pear</p>	<p>19</p> <p>Beef Cheeseburger w/ Ketchup &amp; Baked Beans <b>or</b> Spanish Rice w/ Beans &amp; Cheese (V) Fresh Apple</p>	<p>20</p> <p>Chicken Caesar Salad w/ Pita Bread and Ranch Dressing <b>or</b> Cheese Lasagna in Tomato Sauce w/ Green Beans (V) Fresh Banana</p>	<p>21</p> <p>Chicken Breast Sandwich w/ Mayo <b>or</b> Cheese Pizza (V) Baby Carrots w/ Ranch Dressing</p> <p>Fresh Apple</p>
<p>24</p> <p>Salisbury Steak w/ Gravy <b>or</b> Egg &amp; Cheese Sandwich w/ Ketchup (V) Roasted Potatoes Fresh Apple</p>	<p>25</p> <p>Turkey Hot Dog w/ Ketchup <b>or</b> Veggie Burger w/ Ketchup (V) Baked Beans Fresh Pear</p>	<p>26</p> <p>Spaghetti and Beef Meatballs in Tomato Sauce w/ Broccoli <b>or</b> <b>NEW!</b> Caribbean Rice Bowl (V) Garden Salad w/ Italian Dressing Fresh Apple</p>	<p>27</p> <p>Cheesy Crispy Chicken Biscuit Sandwich w/ Roasted Sweet Potatoes <b>or</b> Cobb Salad w/ Pita Bread &amp; Ranch Dressing (V) Fresh Banana</p>	<p>28</p> <p>Turkey &amp; Cheese Sandwich w/ Mayo <b>or</b> French Bread Pizza (V) Baby Carrots w/ Ranch Sandwich Fresh Apple</p>
<p>31</p> <p>Chicken Nuggets w/ Ketchup &amp; Baked Beans <b>or</b> Falafel Bites w/ Quinoa Pilaf Black Beans &amp; Tomato (V)</p> <p>Fresh Apple</p>				

## DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low-fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

### Lunch Milk Choices

1% Milk and Skim Milk

### Please Note

Locally Grown Component Planned Daily.

Menus subject to change.

Vegetarian Meal Options are indicated with a "V".

