

# Lunch K-8

APRIL 2025

MON	TUE	WED	THU	FRI
	<p>1 <b>NEW!</b> General Tso's Chicken w/ Brown Rice <b>or</b> Home-Style Macaroni &amp; Cheese (V) Broccoli Fresh Pear</p>	<p>2 Beef Cheeseburger w/ Ketchup <b>or</b> French Toast w/ Scrambled Eggs (V) Roasted Sweet Potatoes <b>Fresh Apple</b></p>	<p>3 Adobo Chicken w/ Cilantro Brown Rice <b>or</b> Bean &amp; Cheese Burrito (V) Street Corn Fresh Banana</p>	<p>4 Chicken Salad Flatbread <b>or</b> Cheese Pizza (V) Baby Carrots w/ Ranch Dressing <b>Fresh Apple</b></p>
<p>7 Meatloaf w/ Gravy &amp; Mashed Potatoes <b>or</b> Cheese Quesadilla w/ Street Corn (V) <b>Fresh Apple</b></p>	<p>8 Turkey Hot Dog w/ Ketchup &amp; Baked Beans <b>or</b> Spanish Rice w/ Cheese &amp; Beans (V) Fresh Pear</p>	<p>9 <b>NEW!</b> Chicken Enchilada Empanada Baby Carrots w/ Ranch Dressing <b>or</b> Cheese Ravioli w/ Tomato Sauce &amp; Green Beans (V) <b>Fresh Apple</b></p>	<p>10 Turkey Chili w/ Brown Rice &amp; Carrots <b>or</b> Stuffed Bread Sticks w/ Marinara Sauce &amp; 100% Vegetable Juice (V) Fresh Banana</p>	<p>11 Southwest Chicken Salad w/ Muffin &amp; Ranch Dressing <b>or</b> Cheese Pizza (V) Garden Salad &amp; Ranch Dressing <b>Fresh Apple</b></p>
<p>14 Beef Meatballs w/ BBQ Sauce &amp; Club Roll <b>or</b> Pasta w/ Tomato Sauce &amp; Cheese (V) Broccoli <b>Fresh Apple</b></p>	<p>15 Chicken Tenders w/ Ketchup &amp; Roasted Potatoes <b>or</b> Protein Pasta Alfredo w/ Whole Wheat Bread Slice &amp; Peas (V) Fresh Pear</p>	<p>16 Beef Cheeseburger w/ Ketchup &amp; Baked Beans <b>or</b> Spanish Rice w/ Beans &amp; Cheese (V) <b>Fresh Apple</b></p>	<p>17 Chicken Caesar Salad w/ Pita Bread and Ranch Dressing <b>or</b> Cheese Lasagna in Tomato Sauce w/ Green Beans (V) Fresh Banana</p>	<p>18 Chicken Breast Sandwich w/ Mayo <b>or</b> Cheese Pizza (V) Baby Carrots w/ Ranch Dressing <b>Fresh Apple</b></p>
<p>21 Salisbury Steak w/ Gravy <b>or</b> Egg &amp; Cheese Sandwich w/ Ketchup (V) Roasted Potatoes <b>Fresh Apple</b></p>	<p>22 Turkey Hot Dog w/ Ketchup <b>or</b> Veggie Burger w/ Mayo (V) Baked Beans Fresh Pear</p>	<p>23 Spaghetti and Beef Meatballs in Tomato Sauce w/ Broccoli <b>or</b> <b>NEW!</b> Caribbean Rice Bowl (V) Garden Salad w/ Italian Dressing <b>Fresh Apple</b></p>	<p>24 Cheesy Crispy Chicken Biscuit Sandwich w/ Roasted Sweet Potatoes <b>or</b> Cobb Salad w/ Pita Bread &amp; Ranch Dressing (V) Fresh Banana</p>	<p>25 Turkey &amp; Cheese Sandwich w/ Mayo <b>or</b> Cheese Pizza (V) Baby Carrots w/ Ranch Sandwich <b>Fresh Apple</b></p>
<p>28 Chicken Nuggets w/ Ketchup &amp; Baked Beans <b>or</b> Falafel Bites w/ Quinoa Pilaf Black Beans &amp; Tomato (V) <b>Fresh Apple</b></p>	<p>29 <b>NEW!</b> General Tso's Chicken w/ Brown Rice <b>or</b> Home-Style Macaroni &amp; Cheese (V) Broccoli Fresh Pear</p>	<p>30 Beef Cheeseburger w/ Ketchup <b>or</b> French Toast w/ Scrambled Eggs (V) Roasted Sweet Potatoes <b>Fresh Apple</b></p>		

## DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low-fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

## Lunch Milk Choices

1% Milk and Skim Milk

## Please Note

Locally Grown Component Planned Daily.

Menu is subject to change.

Vegetarian Meal Options are indicated with a "V".

