



March 3rd - March 7th | 2025

## Class Spotlight

After reading *Maus* by Art Spiegelman and *The Diary of Anne Frank*, a group of Washington Global eighth graders took a field trip to the United States Holocaust Memorial Museum. While visiting the museum, which is less than a mile away from the school, the students witnessed first-hand accounts; studied documents, photographs, and other artifacts from the war; and honored the victims of the genocide.



### Important Dates

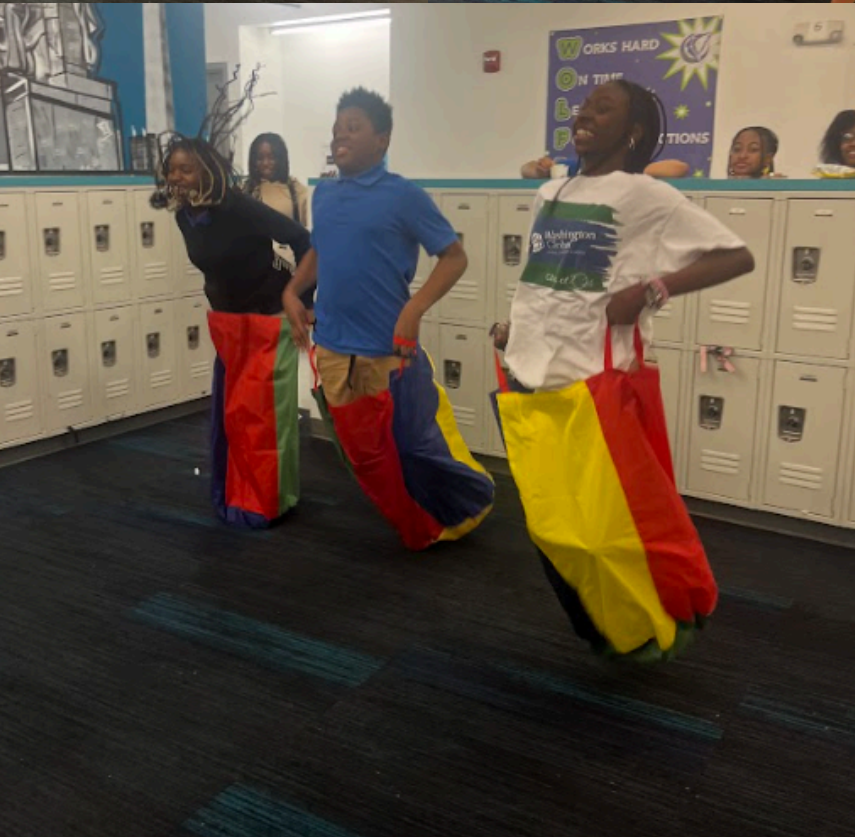
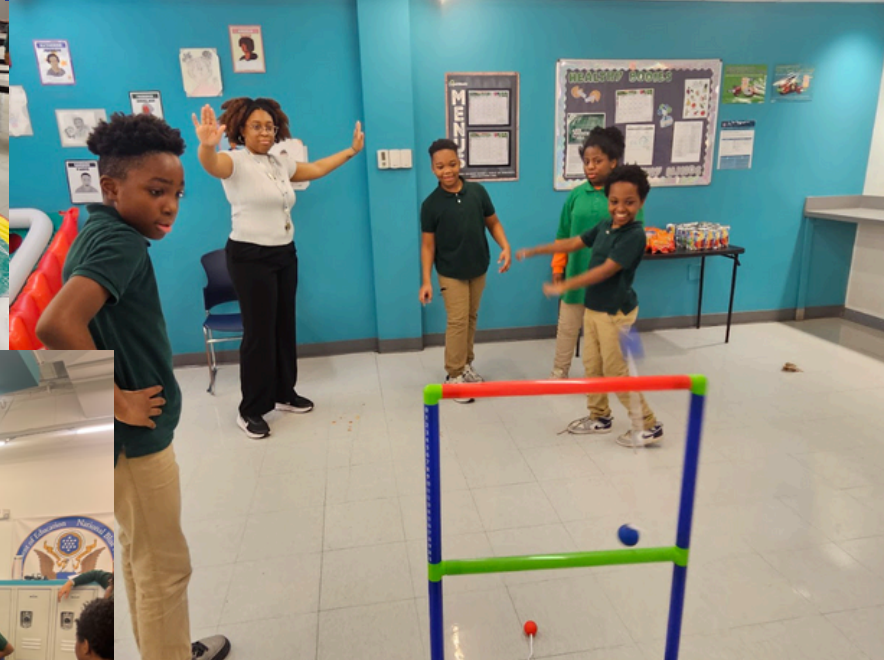
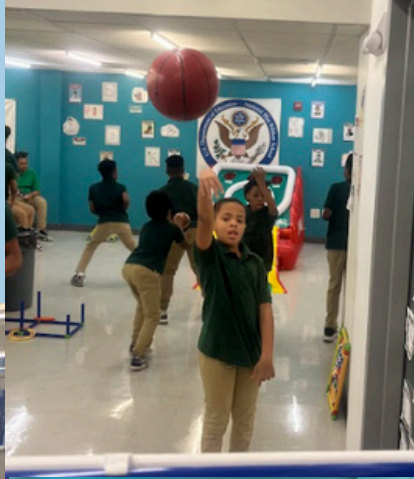
- Friday, March 14th – Parent-Teacher Conferences | No Students
- Monday, April 7th – End of Q3 | No Students
- Monday, April 14th – Friday, April 18th – Spring Break | School Closed





# ANET Carnival!

This week, Washington Global hosted a carnival to celebrate our students' successes on ANET testing!





# **FAMILIES OF 6TH AND 7TH GRADERS**

**As we quickly move through the 3rd Quarter, we are in the midst of gearing up for the summer programs and the start of the 2025-2026 school year.**

**We are working diligently to develop new and creative ways to meet the needs of our student body and our community. Once again, we will be offering free summer programming that includes academic tutoring, athletics, and the arts. If you have any suggestions for summer programming, please reach out to Ms. Diana at [dgabriel@washingtonglobal.org](mailto:dgabriel@washingtonglobal.org).**

**Please take a moment to complete this quick re-enrollment survey to let us know if you are planning on re-enrolling your scholar for the 2025-2026 school year, as well as sharing feedback with Washington Global. As partners in this work, your opinions and feedback are important to us. You can find the survey here: [Re-Enrollment Survey](#).**

## **ATTENDANCE ANNOUNCEMENT**

**Regular school attendance supports the social, emotional, and academic growth of our students, which means that all students should be present at school every day and should arrive at school on time by 8:15 am. Beginning the week of March 3rd, the students who are chronically tardy to school after 8:30 am will need to stay after school on Wednesday to make up for the missed academic time.**

**Additionally, students who are tardy to school will serve lunch detention each day they are tardy to school after 8:30 am, unless an excuse note is provided.**

# Let's Read!

During the entire month of March, each cohort should try to read a total of 100 books! The cohort with the most books read by the end of March will win a fun surprise!

Questions? Please see Ms. Palka or Ms. Diana





# March Lunch Menu

## Lunch K-8

MARCH 2025

MON	TUE	WED	THU	FRI
<b>3</b> Chicken Nuggets w/ Ketchup & Baked Beans <b>or</b> Falafel Bites w/ Quinoa Pilaf, Black Beans & Tomato (V) Fresh Apple	<b>4</b> <b>NEW !</b> General Tso's Chicken w/ Brown Rice <b>or</b> Home-Style Macaroni & Cheese (V) Broccoli Fresh Pear	<b>5</b> Beef Cheeseburger w/ Ketchup <b>or</b> French Toast w/ Scrambled Eggs (V) Roasted Sweet Potatoes Fresh Apple	<b>6</b> Adobo Chicken w/ Cilantro Brown Rice <b>or</b> <b>NEW!</b> Bean & Cheese Burrito (V) Street Corn Fresh Banana	<b>7</b> Chicken Salad Flatbread <b>or</b> Cheese Pizza (V) Baby Carrots w/ Ranch Dressing Fresh Apple
<b>10</b> Meatloaf w/ Gravy & Mashed Potatoes <b>or</b> Cheese Quesadilla w/ Sour Cream & Street Corn (V) Fresh Apple	<b>11</b> Turkey Hot Dog w/ Ketchup & Baked Beans <b>or</b> Spanish Rice w/ Cheese & Beans (V) Fresh Pear	<b>12</b> <b>NEW !</b> Chicken Enchilada Empanada Baby Carrots w/ Ranch Dressing <b>or</b> Cheese Ravioli w/ Tomato Sauce & Green Beans (V) Fresh Apple	<b>13</b> Turkey Chili w/ Brown Rice & Carrots <b>or</b> Stuffed Bread Sticks w/ Marinara Sauce & 100% Vegetable Juice (V) Fresh Banana	<b>14</b> Southwest Chicken Salad w/ Muffin & Ranch Dressing <b>or</b> <b>NEW !</b> White Cheese Pizza Foldover (V) Garden Salad & Ranch Dressing Fresh Apple
<b>17</b> Beef Meatballs w/ BBQ Sauce & Club Roll <b>or</b> Pasta w/ Tomato Sauce & Cheese (V) Broccoli Fresh Apple	<b>18</b> Chicken Tenders w/ Ketchup & Roasted Potatoes <b>or</b> Protein Pasta Alfredo w/ Whole Wheat Bread Slice & Peas (V) Fresh Pear	<b>19</b> Beef Cheeseburger w/ Ketchup & Baked Beans <b>or</b> Spanish Rice w/ Beans & Cheese (V) Fresh Apple	<b>20</b> Chicken Caesar Salad w/ Pita Bread and Ranch Dressing <b>or</b> Cheese Lasagna in Tomato Sauce w/ Green Beans (V) Fresh Banana	<b>21</b> Chicken Breast Sandwich w/ Mayo <b>or</b> Cheese Pizza (V) Baby Carrots w/ Ranch Dressing Fresh Apple
<b>24</b> Salisbury Steak w/ Gravy <b>or</b> Egg & Cheese Sandwich w/ Ketchup (V) Roasted Potatoes Fresh Apple	<b>25</b> Turkey Hot Dog w/ Ketchup <b>or</b> Veggie Burger w/ Ketchup (V) Baked Beans Fresh Pear	<b>26</b> Spaghetti and Beef Meatballs in Tomato Sauce w/ Broccoli <b>or</b> <b>NEW !</b> Caribbean Rice Bowl (V) Garden Salad w/ Italian Dressing Fresh Apple	<b>27</b> Cheesy Crispy Chicken Biscuit Sandwich w/ Roasted Sweet Potatoes <b>or</b> Cobb Salad w/ Pita Bread & Ranch Dressing (V) Fresh Banana	<b>28</b> Turkey & Cheese Sandwich w/ Mayo <b>or</b> French Bread Pizza (V) Baby Carrots w/ Ranch Sandwich Fresh Apple
<b>31</b> Chicken Nuggets w/ Ketchup & Baked Beans <b>or</b> Falafel Bites w/ Quinoa Pilaf Black Beans & Tomato (V) Fresh Apple				

This institution is an equal opportunity provider

## DID YOU KNOW...

- ☐ All grain products are whole grain rich
- ☐ There are no pork products on this menu
- ☐ Meats are lean and cheeses are low-fat
- ☐ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

## Lunch Milk Choices

1% Milk and Skim Milk

## Please Note

Locally Grown Component Planned Daily.  
 Menus subject to change.  
 Vegetarian Meal Options are indicated with a "V".





# ART CLUB

WASHINGTON  
GLOBAL

What are we going to do??

- Watercolors
- Collage
- Sculpture
- Digital Art/Design
- Print-making
- Drawing Techniques

Mondays  
& Thursdays  
Starting 1/27

3:30 -  
5:30

Room 304  
with Ms. Wojcik



# After School Lineup

## WEDNESDAY

Music with Mr. Rafael

Theater with Imagination Stage

STEAM with Ms. Thomas

## MONDAY

STEAM with Ms. Thomas

Creative Writing with Mr. Fletcher

Math Tutoring with Ms. Makell

## TUESDAY

Cheerleading with Coach Carter

Creative Writing with Mr. Fletcher

Chess

Soccer with Ms. Bivins and Ms. Pearce

## THURSDAY

Cheerleading with Coach Carter

Anime with Mr. Fletcher

Math Tutoring with Ms. Pearce



## FRIDAY

Improv with Imagination Stage

Anime with Mr. Fletcher

Math Tutoring with Your Teacher Tutors



# FREE GROCERIES EVERY TUESDAY

*while supplies last*

Follow

@DMVFreeEvents

12PM

Fresh produce,  
meat, dairy & more!

Contactless car pickup  
also available across  
the street, behind the  
Family Life  
Community Center



Crowder Owens Food Bank / 600 W St. NE, Washington, DC





GOVERNMENT OF THE DISTRICT OF COLUMBIA

Department of  
EMPLOYMENT SERVICES

**CALLING ALL DC YOUTH AGES 14 TO 24!**

**ARE YOU READY?**

**2025** MAYOR MARION S. BARRY  
SUMMER YOUTH  
EMPLOYMENT PROGRAM

**APPLICATION OPENS  
MONDAY**

**JANUARY 27, 2025 @ 12:00 PM**

APPLICATION **DEADLINE** IS  
**MARCH 6, 2025 @ 11:59 PM**

**APPLY AT [SUMMERJOBS.DC.GOV](https://summerjobs.dc.gov)**



**#MBSYEP2025**



**DOES**

DISTRICT OF COLUMBIA  
DEPARTMENT OF  
EMPLOYMENT SERVICES

GOVERNMENT OF THE  
DISTRICT OF COLUMBIA  
MURIEL BOWSER, MAYOR





**Under the Northern  
Lights of Alaska**



**@ Pinewood  
Movie Studios**



**@ Microsoft  
Business Workshop**



**Support from CAPE to  
College to Career**



**Painting and  
Creating**



**@ March for Our  
Lives**



**Tutoring**



**@ Buffalo Bills  
Stadium**

# C.A.P.E. LEAGUE

**OPEN FOR 2024-2025  
ENROLLMENT**



**Celebrating 18 years of serving youth across the DC Metro area!**

Join a multi-faceted, enrichment, arts and educational program for youth interested in the arts, entertainment, sports or media!!  
C.A.P.E. is an acronym for components of the league and what we focus on:

- C – Community, Cultural & Civic Engagement
- A – Arts, Entertainment, & Sports Involvement
- P – Personal Enrichment & Social Development
- E – Educational, Steam & Professional Growth

C.A.P.E. League is a year-round program for youth (ages 13-17) providing academic enrichment, athletic activity, career development, community service, creative exploration, cultural field trips, local/long-distance travel, social outings, & more.



**WEAREPOWERFULBEYONDMEASURE.ORG**



**Serving the  
community in DC**



**Career Exploration  
@ DC Law Day**



**CAPE Golf Series**



**Horseback Riding  
across a reservation**





## **Apartments**

### **Condos • Co-ops**

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#### **SOUTHERN HILLS APTS. OPENING WAITING LISTS**

On 01/26/2025, Southern Hills Apartments located in SE, Washington, DC, will be opening the Wait Lists for its Studio (0), One (1), Two (2), and Three (3) Bedroom Apartments. Accepting 200 applications per bedroom size.

Pre-Applications will be available by the following methods, on our website at [www.liveatlanticdc.com](http://www.liveatlanticdc.com), via email at [southernhills@winnco.com](mailto:southernhills@winnco.com), by phone at (202) 561-8600, and in-person for four (4) days only!

- Day 1- Wednesday 01/29/2025 from 10am -3pm

- Day 2- Friday 01/31/2025 from 3pm-5pm

- Day 3- Wednesday 02/05/2025 from 10am -3pm

- Day 4- Friday 02/07/205 from 3pm-5pm

Southern Hills Apartments have rental assistance through the Project Based Section 8 program and is subject to a maximum income limit. Applicants are selected from the wait list based off the time/date of their application and applicable preferences. There are preferences for applicants who are working a minimum of 32 hours per week for the same company for the last six months, are 62 years of age or older, or are disabled and applicants seeking relocation to avoid, remedy, or address harassment based on protected status, or the emergency transfer of a resident due to domestic violence, dating violence, sexual assault, or stalking in accordance with the Violence Against Women Act. Persons with disabilities have the right to request reasonable accommodations in the application process.

## FREE TAX PREPARATION SITES

This information was last updated on January 23, 2025, and may have changed. For the most up-to-date information, please check the following

sites: [irs.treasury.gov/freetaxprep](https://irs.treasury.gov/freetaxprep) and [aarp.org/money/taxes/aarp\\_taxaide/locations/](https://aarp.org/money/taxes/aarp_taxaide/locations/)

Prepare and efile your federal and DC tax return for free: [MyFreeTaxes.com](https://MyFreeTaxes.com)

[irs.gov/filing/free-file-do-your-federal-taxes-for-free](https://irs.gov/filing/free-file-do-your-federal-taxes-for-free)

Need help filing your tax returns?

IRS Certified volunteers will prepare and e-file your federal and state returns at no cost!

Who is eligible?

- Individuals and families with income less than \$67,000
- Your tax situation is within the scope of the volunteer training and certification.

What documents do you need to be ready to bring?

- Unexpired, photo ID for yourself (and your spouse if filing jointly)
- Social Security Card or Social Security Statement or ITIN letter for each person to be listed on the tax return (unless filing to apply for an ITIN)

Important letters from the IRS or healthcare marketplace:

- Form 1095-A if you had health insurance through the Marketplace
- IP PIN letter if the IRS issues you an Identity Protection PIN
- Any other letters from the IRS, DC or state tax agency
- Income statements such as W2, 1099-G, 1099-NEC, 1099-R, 1099-SSA

If you don't receive a document by the end of January, contact your employer/payer

For income not reported on a tax form, bring details about payments received such as a list cash payments or log-in information to your payment app (Uber/Lyft, DoorDash, etc.).

For direct deposit of your refund: bank account and routing number

If you paid for childcare expenses that were not reimbursed, bring the tax ID, name, address and phone number of the provider(s) and the total expenses paid

Copy of your 2022 tax return if you have it.

If you need to file for tax years 2020 or 2021, or to file for missing stimulus or Child Tax Credit payments, bring any notices the IRS sent you about stimulus or Child Tax Credit payments. And, if you worked in 2019, bring a copy of your 2019 tax return, or the amount of income received from working during 2019. Connect with certified volunteers virtually: [getyourrefund.org](https://getyourrefund.org)

Connect with Certified Volunteers In-person 2025 Free Tax Preparation Centers in Washington DC as of January 14, 2025

In addition to the sites listed below, you can find a list of AARP Tax Aid sites by [clicking here](#).



Provider	Dates Open	Languages	Appointment Needed
Gallaudet University Site 800 Florida Avenue NE Washington, DC 20002 240-250-2375	January 15 – May 30, 2025	English Sign Language Virtual Interpreter Services	Required
CTA-Edgewood 601 Edgewood Street NE Suite #10 Washington, DC 20017 202-838-7798	February 9 – April 6, 2025	English	Required
Catholic Charities VITA 924 G St. NW Washington, DC 20001 202-738-9957	February 1 – April 12, 2025	English  Spanish	Required
Nigerian Center Inc. 1231 Marion Barry Ave. SE Washington, DC 20020 202-330-0352	January 6 – April 15, 2025	English	Required
Jubilee Jobs Inc. 2712 Ontario Rd. NW Washington, DC 20009 202-830-1480	February 1 – April 19, 2025	English	Required
CTA at UPO Petey Green Center 2907 Martin Luther King Jr Ave SE Washington, DC 20032 202-231-7903 Volunteer Prepared Taxes	February 3 – April 18, 2025	English Spanish	Required
UDC VITA CLUB 4200 Connecticut Ave. NW Washington, DC 20008 771-201-0495	February 8 – April 19, 2025	English Spanish	Required
AARP at Shaw Library  1630 7th St. NW Washington, DC 20001	Saturdays,  10:30 AM to 2:30 PM	English	Does In-Person mean Walk-ins

AARP at Woodridge Regional Library 1801 Hamlin St. NE Washington, DC 20018	Mondays, 10 AM to 2 PM	English	Drop offs only
AARP at Southwest Library 900 Wesley Pl. SW Washington, DC 20024	Mondays and Wednesdays, 1- 5 PM	English	In-Person, Drop offs
AARP at Turkey Thicket Recreation Center 1100 Michigan Ave. NW Washington, DC 20017	Tuesdays and Thursdays, 10 AM to 2 PM		In-Person, Drop offs
AARP at Anacostia Library 1800 Marion Barry Ave. SE Washington, DC 20020	Tuesdays and Wednesdays, 11 AM to 3 PM	English	In-Person, Two Visit Scan
AARP at Petworth Library 4200 Kansas Ave. NW Washington, DC 20011	Mondays 11 AM to 4 PM	English	In-Person
AARP at Capitol View Library 5001 Central Ave. SE Washington, DC 20019	Mondays, Wednesdays and Saturdays, 10 AM to 2 PM	English	In-Person, Two Visit Scan
AARP at Armed Forces Retirement Home 3700 N. Capitol St. NW Washington, DC 20011	Tuesdays, 8:30 AM to 1 PM	English	Drop Off
AARP at Georgetown Library 3260 R St. NW Washington, DC 20007	Wednesdays, 10 AM to 4 PM  and Fridays, 10 AM to 2 PM	English French	In-Person



AARP at Emery Heights Community Center 5701 Georgia Ave. NW Washington, DC 20011	Tuesdays and Thursdays,  10 AM to 2 PM	English	In-Person
AARP at William O. Lockridge Bellevue Library 115 Atlantic St. SW Washington, DC 20032	Saturdays 10 AM to 2 PM	English	In-Person
AARP at Chevy Chase  Community Center  5601 Connecticut Avenue NW Washington, DC 20015	Wednesdays 1 PM to 5 PM	English	In-Person

## Health Tips by Terri L. Scott, MSN, CRNP-F

Let's eat! What do you like to eat? Do you have a favorite food?

**Did you know that most adolescents exert their independence by making their own food choices?** Who doesn't want to eat cake and cookies all day? But that is not going to provide the nutrients the body needs.

Adolescents require a certain number of calories per day for optimal nutrition: an average of 2,800 calories per day for boys and an average of 2,200 calories per day for girls. These calories are made up of the various nutrients in each meal.

### How can we make better food choices?

1. **Decide what you like to eat!** What tastes good to you?
2. **Try different foods!** How can you say you don't like it if you've never even tried it?
3. **Eat a well-rounded diet daily!** Include all of the food groups: grains, dairy, fruits, vegetables, and meat/poultry/fish. If you don't like meat, talk to your doctor or healthcare providers about making sure you are getting enough protein for a growing body.

**Learning about new foods is fun!**







# Student T-Shirt Fundraiser!

Student pricing starting at \$15

Powered by SipNStylz

Prices are for student shirts only!

Name\_\_\_\_\_

Address\_\_\_\_\_

Phone #\_\_\_\_\_

Email\_\_\_\_\_

Student's Name\_\_\_\_\_

T-shirt Colors

Letter Colors

Black

Black

White

White

Pink

Pink

Navy Blue

Red

Royal

Grey

Green

Orange

Quantity	Description	Size	Tshirt Color	Letter Color	Style #	Quantity	Subtotal
1	Washington Global Shirt S	YM A	Black M	Pink P	1 L E	1	\$15



202.210.9017



Slynnellgray

TOTAL	
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Special Instructions:

Order turnaround time is usually 3-5 days. All Orders are prepaid. Ms. Gray will confirm order and let you know to submit payment. Acceptable for ms of payment are Paypal, Cash App, Apple Pay, Venmo and Cash. Thank you for your support!

# Washington Global Shirts!

CHOOSE YOUR COLOR!

CHOOSE YOUR STYLE!

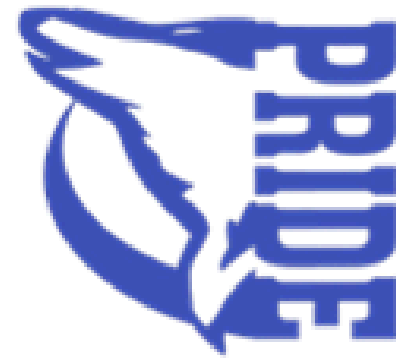
Youth Small– Adult 1xl \$15

2x-3x \$20

**STYLE #1-**



**STYLE #2-**



**STYLE #3**



**STYLE #4**



**STYLE #5**



**STYLE #6**

