

# Breakfast K-12

MAY 2025

MON	TUE	WED	THU	FRI
			1 Cinnamon Toast Crunch w/ Graham Crackers <b>or</b> Pancakes w/ Syrup Fresh Apple & 100% Orange Juice	2 Cinnamon Crisp Bar Raisins & 100% Grape Juice
5 NEW! Chocolate Chip Muffin Fresh Pear & 100% Very Berry Juice	6 Strawberry Yogurt w/ Graham Crackers (V) <b>or</b> NEW! Turkey Sausage Pancake Griddle Sandwich Fresh Apple & Diced Pineapple	7 Honey Cheerios w/ Graham Crackers <b>or</b> Dutch Waffle w/ Syrup Diced Peaches & 100% Grape Juice	8 Plain Bagel w/ Cream Cheese (V) <b>or</b> Cinnamon Bun Fresh Apple & 100% Orange Juice	9 Trix Cereal w/ Graham Crackers Diced Peaches & 100% Grape Juice
12 Multi-Grain Cheerios w/ Graham Crackers Raisins & Applesauce	13 Strawberry Yogurt w/ Graham Crackers <b>or</b> Cheesy Biscuit Melt Fresh Apple & Diced Pineapple	14 Cinnamon Raisin Bagel w/ Butter <b>or</b> Apple Frudel Diced Peaches & 100% Grape Juice	15 Honey Cheerios w/ Graham Crackers <b>or</b> French Toast w/ Syrup Fresh Apple & 100% Orange Juice	16 Cherry Cocoa Bar Fresh Pear & 100% Very Berry Juice
19 Cinnamon Crisp Bar Raisins & 100% Grape Juice	20 Strawberry Yogurt w/ Graham Crackers (V) <b>or</b> Turkey Sausage Breakfast Pizza Fresh Apple & Diced Pineapple	21 Trix Cereal w/ Graham Crackers <b>or</b> Cinnamon Bun Diced Peaches & 100% Grape Juice	22 Plain Bagel w/ Cream Cheese <b>or</b> Waffles w/ Syrup Fresh Apple & 100% Orange Juice	23 Blueberry Muffin Fresh Orange & 100% Very Berry Juice
26	27 Strawberry Yogurt w/ Graham Crackers <b>or</b> Apple Frudel Fresh Apple & Diced Pineapple	28 Multi-Grain Frosted Flakes w/ Graham Crackers <b>or</b> NEW! Sunrise Breakfast Calzone Diced Peaches & 100% Grape Juice	29 Cinnamon Toast Crunch w/ Graham Crackers <b>or</b> Pancakes w/ Syrup Fresh Apple & 100% Orange Juice	30 Cinnamon Crisp Bar Raisins & 100% Grape Juice

## DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low-fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

### Breakfast Milk Choices

1% Milk and Skim Milk

### Please Note

Locally Grown Component Planned Daily.

Menu is subject to change.

Vegetarian Meal Options are indicated with a "V".

