

# LUNCH K-8

APRIL 2026

MON

TUE

WED

THU

FRI

6	BBQ Chicken w/ Brown Rice & Baked Beans or Spanish Rice & Beans w/ Cheese (V) <b>Fresh Apple</b>	7	Salisbury Steak w/ Gravy Wheat Bun & Roasted Potatoes or Vegetarian Chili w/ Corn Whole-Grain Bread (V) Fresh Orange	8	Beef Meatballs in Tomato Sauce w/ Mozzarella Cheese or Home-Style Macaroni & Cheese (V) Broccoli <b>Fresh Apple</b>	9	Turkey Hot Dog w/ Ketchup & Whole Wheat Bun or Egg & Cheese Sandwich w/ Ketchup (V) Roasted Sweet Potatoes & Coleslaw Fresh Banana	10	Chicken Breast Sandwich w/ Mayo or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing <b>Fresh Apple</b>	
13	Meatloaf w/ Gravy & Mashed Potatoes or Protein Pasta Alfredo & Green Peas (V) Whole Wheat Bun <b>Fresh Apple</b>	14		15	Breaded Chicken w/ BBQ Sauce on Wheat Bun or Veggie Burger w/ Mayo w/ Baked Beans (V) <b>Fresh Apple</b>	16	Chicken Caesar Salad w/ Whole-Grain Dinner Roll & Ranch Dressing or Cheese Lasagna w/ Tomato Sauce & Green Beans (V) Fresh Banana	17	Turkey Ham & Cheese Sandwich w/ Mustard or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing <b>Fresh Apple</b>	
20	Stuffed Bread Sticks w/ Marinara Sauce & 100% Vegetable Juice (V) <b>Fresh Apple</b>	21	Turkey Hot Dog w/ Ketchup & Baked Beans or Spanish Rice w/ Beans & Cheese (V) Fresh Orange	22	BBQ Meatballs w/ Broccoli Whole-Grain Club Roll or Cobb Salad w/ Ranch Dressing & Corn Muffin (V) <b>Fresh Apple</b>	23	<b>NEW!</b> Teriyaki Chicken w/ Rice & Carrots or Stir "Fried" Rice w/ Egg & Vegetables (V) Fresh Banana	24	Chicken Salad Ciabatta Sandwich or Cheese Pizza (V) Celery Sticks w/ Ranch Dressing <b>Fresh Apple</b>	
27	General Tso's Chicken w/ Brown Rice & Broccoli or Stuffed Bread Sticks w/ Marinara Sauce & 100% Vegetable Juice (V) <b>Fresh Apple</b>	28	<b>NEW!</b> Cheeseburger Calzone w/ Ketchup or Bean & Cheese Burrito (V) Tater Tots Fresh Pear	29	Chicken Nuggets w/ BBQ Sauce & Baked Beans or Falafel Bites w/ Quinoa Pilaf, Black Beans & Tomatoes (V) <b>Fresh Apple</b>	30	Southwest Salad w/ Chicken & Ranch Dressing or Pasta in Tomato Sauce w/ Mozzarella Cheese & Broccoli (V) Fresh Banana			

## DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low-fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

### Milk Choices

1% Milk and Skim Milk

### Please Note

Locally Grown Component Planned Daily

Menu is subject to change.

Vegetarian Meal Options are indicated with a "V".



This institution is an equal opportunity provider.