

# Breakfast K-8

MAY 2026

MON	TUE	WED	THU	FRI
				1 Cinnamon Crisp Bar Raisins & 100% Grape Juice
4 Multi-Grain Cheerios w/ Graham Crackers Raisins & Applesauce	5 Strawberry Banana Yogurt w/ Honey Graham Crackers Fresh Apple & Diced Pineapple or Pancakes w/ Syrup Fresh Apple & 100% Fruit Punch Juice	6 Cinnamon Raisin Bagel w/ Butter (V) or Turkey Sausage Breakfast Pizza Diced Peaches & 100% Grape Juice	7 Honey Cheerios w/ Graham Crackers or Cheesy Biscuit Fresh Apple & Orange Tangerine Juice	8 Blueberry Muffin Fresh Orange & 100% Very Berry Juice
11 Multi-Grain Frosted Flakes w/ Peach Cup 100% Grape Juice	12 Plain Bagel w/ Cream Cheese or Sunrise Breakfast Calzone Fresh Apple & 100% Orange Juice	13 Apple Muffin or Apple Frudel 100% Grape Juice & Raisins	14 Strawberry Banana Yogurt w/ Honey Graham Crackers Fresh Apple & Diced Pineapple or Dutch Waffles w/ Syrup Fresh Apple & 100% Fruit Punch Juice	15 Apple Cinnamon Cheerios w/ Graham Crackers Fresh Pear & 100% Very Berry Juice
18 Multi-Grain Cheerios w/ Graham Crackers Raisins & Applesauce	19 Strawberry Banana Yogurt w/ Honey Graham Crackers Fresh Apple & Diced Pineapple or French Toast w/ Syrup Fresh Apple & 100% Fruit Punch Juice	20 Cinnamon Raisin Bagel w/ Butter or Cheesy Biscuit Diced Peaches & 100% Grape Juice	21 Cinnamon Toast Crunch w/ Graham Crackers (V) or Turkey Sausage Griddle Sandwich w/ Syrup Fresh Apple & 100% Orange Tangerine Juice	22 Cherry Cocoa Bar Fresh Pear & 100% Very Berry Juice
25	26 Honey Cheerios w/ Graham Crackers or Cinnamon Bun Fresh Apple & 100% Orange Juice	27 Chocolate Chip Muffin or Whole-Grain Waffles w/ Syrup Fresh Pear & 100% Very Berry Juice	28 Strawberry Banana Yogurt w/ Graham Crackers (V) Fresh Apple & Diced Pineapple or Southwest Egg, & Cheese Burrito Fresh Apple & Fruit Punch Juice	29 Cinnamon Crisp Bar Raisins & 100% Grape Juice

## DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low-fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

### Milk Choices

1% Milk and Skim Milk

### Please Note

Locally Grown Component

Planned Daily.

Menu is subject to change.

Vegetarian Meal Options are indicated with a "V".

