

LUNCH K-8

MAY 2026

| MON | TUE | WED | THU | FRI |
|--|---|--|---|---|
| | | | | 1 Turkey & Cheese Sandwich w/ Mayo or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing Fresh Apple |
| 4 Turkey Fajita w/ Brown Rice Pilaf & Carrots or French Toast w/ Scrambled Eggs & Syrup Roasted Potatoes Fresh Apple | 5 Salisbury Steak w/ Gravy Wheat Bun & Roasted Potatoes or Protein Pasta Alfredo & Green Peas (V) Whole Grain Dinner Roll Fresh Pear | 6 Southwest Salad w/ Chicken & Ranch Dressing Corn Muffin or Home Style Macaroni & Cheese (V) Broccoli Fresh Apple | 7 BBQ Chicken w/ Brown Rice & Baked Beans or Spanish Rice & Beans w/ Cheese (V) Fresh Banana | 8 Turkey Ham & Cheese Sandwich w/ Mustard or Cheese Pizza (V) Celery Sticks w/ Ranch Dressing Fresh Apple |
| 11 Beef Cheeseburger w/ Ketchup or Egg & Cheese English Muffin w/ Ketchup (V) Tator Tots Fresh Apple | 12 Chicken Dumplings w/ Vegetables or Stuffed Bread Sticks w/ Marinara Sauce & 100% Vegetable Juice (V) Fresh Orange | 13 Chicken Nuggets w/ BBQ Sauce & Baked Beans or Fala el Bites w/ Quinoa Pilaf, Black Beans & Tomatoes (V) Fresh Apple | 14 Southwest Salad w/ Chicken & Ranch Dressing Dinner Roll or Pasta in Tomato Sauce w/ Mozzarella Cheese & Broccoli (V) Fresh Banana | 15 Chicken Salad Ciabatta Sandwich or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing Fresh Apple |
| 18 NEW! Teriyaki Chicken w/ Rice & Carrots or Stir "Fried" Rice w/ Eggs & Vegetables (V) Fresh Apple | 19 Turkey Hot Dog w/ Ketchup or Veggie Burger w/ Mayo (V) Baked Beans Fresh Pear | 20 Beef Meatballs w/ Tomato Sauce & Broccoli or Cobb Salad w/ Corn Muffin & Ranch Dressing (V) Fresh Apple | 21 BBQ Chicken Patty on Wheat Bun or Bean & Cheese Burrito w/ Taco Sauce(V) Roasted Potatoes Fresh Banana | 22 Chicken Breast Sandwich w/ Mayo or Cheese Pizza (V) Baby Carrots w/ Ranch Dressing Fresh Apple |
| 25 | 26 Chicken Tenders & Roasted Potatoes or Cheese Quesadilla w/ Street Corn (V) & Taco Sauce Raisins | 27 Cheeseburger Calzone or Egg & Cheese English Muffin (V) Coleslaw Fresh Apple | 28 General Tso's Chicken w/ Brown Rice & Broccoli or Cheese Lasagna w/ Tomato Sauce & Green Beans (V) Fresh Banana | 29 NEW! Italian Cheesy Pull-Aparts or Turkey & Cheese Sandwich w/ Mayo Baby Carrots w/ Ranch Dressing Fresh Apple |

DID YOU KNOW...

- ✓ All grain products are whole grain rich
- ✓ There are no pork products on this menu
- ✓ Meats are lean and cheeses are low-fat
- ✓ All products contain Zero Trans Fats, No Artificial Colors and Sweeteners, and No High Fructose Corn Syrup

Milk Choices

1% Milk and Skim Milk

Please Note

Locally Grown Component Planned Daily

Menu is subject to change.

Vegetarian Meal Options are indicated with a "V".

