

WASHINGTON GLOBAL PCS

October 2026



Snack Upper

				THU 1 { 100% Fruit Punch Juice { WG Cheez-Its	FRI 2 { 100% Orange Tangerine Juice { WG Sunchips
MON 5 { 100% Apple Juice { Cheese Stick	TUE 6 { 100% Grape Juice { WG Pretzels	WED 7 { WG Banana Muffin { 100% Fruit Punch Juice	THU 8 { Vanilla Yogurt { Fresh Apple	FRI 9 { 100% Orange Tangerine Juice { WG Tostitos	
MON 12 <i>No meal scheduled</i>	TUE 13 <i>No meal scheduled</i>	WED 14 { Fresh Apple { WG Sunchips	THU 15 { 100% Orange Tangerine Juice { Cheese Stick	FRI 16 { WG Cinnamon Graham Crackers { 100% Fruit Punch Juice	
MON 19 { WG Blueberry Muffin { 100% Apple Juice	TUE 20 { 100% Orange Tangerine Juice { WG Pretzels	WED 21 { Strawberry Banana Yogurt { 100% Fruit Punch Juice	THU 22 { WG Honey Graham Crackers { 100% Grape Juice	FRI 23 { Cheese Stick { Fresh Apple	
MON 26 { Vanilla Yogurt { 100% Orange Tangerine Juice	TUE 27 { 100% Fruit Punch Juice { WG Tostitos	WED 28 { WG Cinnamon Graham Crackers { Cheese Stick	THU 29 { 100% Fruit Punch Juice { WG Cheez-Its	FRI 30 <i>No meal scheduled</i>	

Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. • This institution is an equal opportunity provider, employer and lender. • We do not recommend medical decisions regarding dietary needs be solely based on the nutrition information provided. Always consult with the staff on site if you have any questions or concerns. Nutrition information is subject to change based on menu changes and product substitutions.

• For support with dietary accommodations, please contact your local school for further assistance.

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